



# Tasmania Spa Saffire

Located within the salubrious Saffire Freycinet boutique hotel in Coles Bay - an exclusive 20-suite coastal sanctuary - Spa Saffire offers a wide range of exclusive La Prairie treatments. The iconic Skin Caviar Lift facial is a standout: 90 minutes of pure pleasure. deep pampering and ultimate skin cleansing and rejuvenation using products from the awardwinning La Prairie Caviar skincare range and tailored to the client's specific skincare needs. The treatment begins with a back massage using the Skin Caviar Luxe Souffle Body Cream, followed by a hand and arm exfoliation. It also features the signature La Prairie eye massage and a firming mask for the face and neck. This is the ultimate in luxurious Australian accommodation coupled with Swiss skincare excellence.

Visit www.saffire-freycinet.com.au or call (03) 6256 7888.



# New South Wales International Centre for Cosmetic Medicine

Staffed by a team of highly trained cosmetic physicians, nurses and dermal therapists, this progressive clinic in Sydney's CBD provides a full spectrum of cosmeticenhancement treatments. One of the clinic's most requested procedures is the ASAP Microplus+Complete Skin Rejuvenation, which incorporates products from the ASAP skincare range with microdermabrasion to help deliver maximum product penetration.

Visit www.iccm.com.au or call (02) 9233 3103.

### Ella Rouge Beauty & Laser Clinics

The award-winning Ella Rouge brand is a cosmetic-enhancement industry leader with 25 clinics throughout New South Wales. Ella Rouge was one of the first medi-spa groups to perform Fraxel laser treatments and to stock the Elizabeth Arden Pro range of cosmeceutical skincare products.

Visit www.ellarouge.com.au or call 1300 355 276.

#### **Infinity Skin Clinic**

Owned and operated by Dr Charles Cope, Infinity Skin Clinic offers a selection of non-surgical treatments and cosmeceutical skincare products. One of its most popular treatments is the Thermage radiofrequency treatment by Solta, which is used to lift and tighten areas of the face (eyelids, jawline, neck) and body (upper arms, knees, inner thighs and abdomen).

Visit www.infinityskin.com.au or call (02) 9904 3600.

# Fifty Four Park St

This impressive, purpose-built, state-of-the-art beauty and health destination is located right in the heart of Sydney. Fifty Four Park St has a broad selection of nonsurgical cosmetic-enhancement treatments as well as massage, physiotherapy and nutrition services, plus there's a gym and 22-metre swimming pool. One of its top treatments is Omnilux LED light therapy, used as a stand-alone or in conjunction with complementary skincare such as the Elizabeth Arden Pro clinic-only range. Each client is given a comprehensive program designed for their skin.

Visit www.fiftyfourparkst.com or call (02) 9282 8999.

# **Inner Sydney Dermatology**

Under the directorship of dermatologist Dr Michelle Hunt, Inner Sydney Dermatology offers all forms of cosmetic-enhancement treatments and dermatological services. Their number-one cosmetic-enhancement treatment features the Emerge fractional laser, a smart device using diode laser technology to deliver tiny microbeams of energy to stimulate the skin's healing response.

Requiring minimum down time, the Emerge fractional laser can be used to treat fine lines and wrinkles, "open" pores, acne, stretch marks, surgical scars and more.

Visit www.innersydneydermatology. com.au or call (02) 9739 6488.

#### **North Shore Cosmetic**

Combining the knowledge and skills of cosmetic physician Dr Joseph Georghy and his wife Dr Vera



Georghy, a cosmetic dentist, North Shore Cosmetic is the one-stop clinic for all your aesthetic needs. One of Dr Joseph's top treatments is HelioTherm skin-rejuvenation therapy – a technology he invented – which utilises low-level light and heat energy to penetrate the dermis and rejuvenate the skin. HelioTherm can help treat such conditions as rosacea, acne and acne scarring, freckles, large pores, wrinkles, pigmentation and vitiligo. Dr Vera specialises in all forms of cosmetic and remedial dentistry.

Visit www.northshorecosmetic. com.au or call (02) 9956 7200.

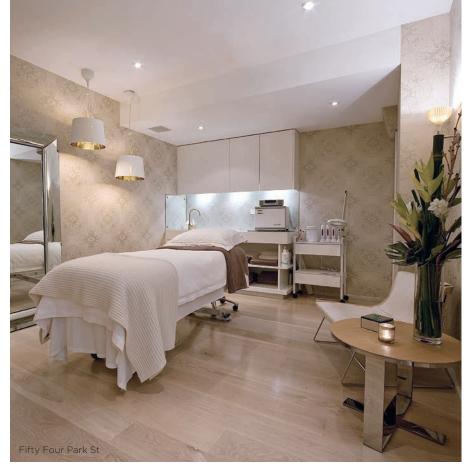
# Western Australia Assure Cosmetic Centre

Owned and operated by a team of six plastic surgeons who oversee all protocols on offer, Assure Cosmetic Centre provides a variety of surgical and non-surgical treatments, including cosmetic injections, IPL and LED treatments and chemical peels. Products from the physicianstrength Obagi Medical range provide the backbone to many of Assure Cosmetic Centre's treatments, helping clients achieve the desired results and protecting skin from further damage. Obagi Medical skincare is available for at-home use as well.

Visit www.assurecosmeticcentre. com.au or call (08) 9380 0380.

### **About Face Cosmetic Studio**

With more than 20 years' experience in the cosmetic-enhancement industry, clinical director Dr Katina Elfis provides a selection of anti-ageing and restorative skin treatments. Options include hyaluronic acid fillers, used





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for immediate plumping and smoothing benefits, and antiwrinkle injections. About Face Cosmetic Studio's popular Angel Lift rejuvenation treatment stimulates the skin's natural healing process using PRP (platelet-rich plasma), a new technology using the client's blood. This is followed by Omnilux LED light therapy to boost results.

Visit www.aboutfacecosmeticstudio. com.au or call (08) 9388 8121.

# Queensland Chrysalis Medispa

Under the directorship of plastic surgeon Dr Mark Vucak, Chrysalis presents a host of non-surgical procedures and cosmeceutical skincare options. One of its hero treatments is the HydraFacial, a non-invasive resurfacing procedure that cleanses, exfoliates and hydrates while delivering rejuvenating antioxidants, peptides and hyaluronic acid. The HydraFacial works beautifully both on its own and when combined with other technology-based treatments. It's suitable for all skin types and conditions, and can be relied upon for great results with no down time.

Visit www.chrysalismedispa.com.au or call (07) 4779 2886.

# The Cosmetic Surgery and Skin Cancer Centre

This cosmetic and medical clinic, run by Dr Chi Hong Wong, offers treatments ranging from skin cancer checks to chemical peels and cosmetic injections. Its hero treatment is PRP (platelet-rich plasma) - a procedure using the regenerative component of the patient's blood to stimulate collagen production - combined with Dermapen skin needling. This complementary treatment works well on the face, neck and décolletage areas to significantly improve the skin's texture and resilience, leaving it looking healthier and more youthful.

Visit www.cosmeticsurgeryqld. com.au or call (07) 3889 9120.



# Victoria Camberwell Dermatology Centre

According to Camberwell
Dermatology Centre's Dr Eric
Poon, DOT therapy with the
SmartXide DOT laser system is
one of the clinic's most popular
treatments. Suitable for use on
most skin types, it is equally
effective as a gentle refresher or
a deeper treatment for wrinkle
reduction, skin tightening and acne
scarring. Dr Poon says his business
has been given a boost by patients
recommending this skin-resurfacing
treatment to their friends.

Visit www.camberwellskin.com.au or call (03) 9811 6500.



### **Self Centred Medi Spa**

Staffed by highly trained paramedical aestheticians under the directorship of Kerree Kerr, this medi-spa features a full range of non-surgical treatments, with each client's program devised after a comprehensive skin analysis. One of Self Centred Medi Spa's most requested treatments is the Venus Viva, which uses fractional radio-frequency skin-resurfacing technology to help even out texture, diminish pores and reduce deep lines for fresher-looking skin on the face, neck, décolletage and hands.

Visit www.selfcentred.com.au or call (03) 9650 5454.





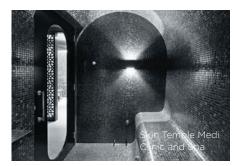
### Skin Temple Medi Clinic and Spa

Dr Alicia Teska is the clinical director of this unique Melbourne clinic, which combines the essence of ancient beauty rituals with state-of-the-art skin treatments. Staff are trained in every aspect of non-surgical cosmetic enhancement. Skin Temple Medi Clinic and Spa specialises in combining a variety of laser and injectable treatments to treat and maintain healthy, youthful-looking skin, devising a specific program to suit each client's skin type. Beauty and relaxation packages that take place in the hammam (a Turkish steam room, complete with heated tiled beds) are also available.

Visit www.skintemple.com.au or call (03) 9867 2992.

### **Dermatology Institute of Victoria**

The Dermatology Institute of Victoria (DIV), located in Melbourne's bustling South Yarra, offers comprehensive services in dermatological and cosmeticenhancement treatments. The medical staff, led by associate professor Greg Goodman, is highly trained in all aspects of care. The



clinic specialises in treatments for anti-ageing and skin surface – including acne, scarring, eczema and large pores – and non-invasive fat reduction. They also incorporate the Clarisonic facial deep-cleansing system into many of their treatments and recommend its use for clients at home.

Visit www.div.net.au or call (03) 9826 4966.

# Queensland & Victoria Australian Skin Clinics

With 15 cosmetic-medicine clinics in Queensland and Victoria and more planned for this year, Australian Skin Clinics is a force to be reckoned with. The clinics are operated under the directorship of Deb Farnworth-Wood, who has responded to strong demand from customers by offering a range of non-surgical treatments, including dermal fillers, to add volume to the face, and a number of anti-wrinkle injections to reduce the appearance of frown lines, crow's feet and lines around the mouth and nose. The clinics also offer a non-surgical facelift, using injections only, which can be performed in less than an hour and helps take years off the face. Other treatments on offer include chemical peels, microdermabrasion and laser rejuvenation - the clinics also stock the Skinstitut cosmeceutical skincare range.

Visit www.ozskin.com or call 1300 303 014.

# top 2015 medi-spas' SIGNATURE TREATMENTS

About Face Cosmetic Studio
Angel Lift

**Assure Cosmetic Centre** Obagi Medical skincare range

> **Australian Skin Clinics** Cosmetic injections

Camberwell Dermatology Centre DOT therapy

Chrysalis Medispa HydraFacial

Dermatology Institute of Victoria Clarisonic facial deep-cleansing system

Ella Rouge Beauty & Laser Clinics Fraxel laser treatment

Traxeriaser treatment

**Fifty Four Park St** Omnilux LED light therapy

Infinity Skin Clinic
Thermage radio-frequency
treatment

**Inner Sydney Dermatology** Emerge fractional laser

International Centre for Cosmetic Medicine ASAP Microplus+ Complete Skin Rejuvenation

North Shore Cosmetic HelioTherm

Self Centred Medi Spa Venus Viva

Skin Temple Medi Clinic and Spa Combination therapies

**Spa Saffire** Skin Caviar Lift facial

The Cosmetic Surgery and Skin Cancer Centre PRP (platelet rich plasma) and Dermapen combination

For further information on injectables, visit www. informedbeauty.com.au.