



Step inside your oasis – Skin Temple Medi Clinic & Spa.

best of the best **MEDI-SPAS**

*Looking for a skincare program
 or a more in-depth treatment?
 Find the right options for you at
 these medi-spas around Australia.*

Have you ever wondered what happens at a medi-spa? For many, the concept of a medi-spa is new. We spoke to Dr Alicia Teska, clinical director of the award-winning Skin Temple Medi Clinic & Spa, in Victoria. Dr Teska says a medi-spa should be an oasis of care, offering short- and long-term programs for your skin. For example, Dr Teska had a hamam (Turkish bath) built in her facility which offers exfoliating and softening care for the skin. The treatments are usually followed by a perfume rub and massage. Cosmetic enhancement and non-surgical treatments are also available at medi-spas. In Australia a doctor does not need to own a medi-spa, as they do in the USA, but there needs to be a registered health practitioner on the premises to perform the non-surgical cosmetic enhancement treatments, such as injectables and laser treatments. Dr Teska feels that there will be more medi-spas opening, as there is a real demand for these services.

AUSTRALIAN CAPITAL TERRITORY

My Genesis

This medi-spa is part of the CAPS Clinic, so treatments are performed under the supervision of plastic surgeon Dr Alastair Taylor. All of the aesthetic staff are qualified dermal therapists and nurses, ensuring patients receive the appropriate treatment, such as medical-grade peels, injectables and laser skin treatments, coupled with the highest standard of care. Every patient is given a treatment plan based on a skin analysis as well as their individual aesthetic needs.

Visit www.capsclinic.com.au or call (02) 6282 1177.



TASMANIA

Sanctum Medical Aesthetics

All of the patients at Sanctum Medical Aesthetics understand they are under the expert care of Dr Asha Ram or one of her associates. The hero treatment at Sanctum is Thermage, which is used on the face and body with excellent results. The clinic's skin-rejuvenation programs, such as the New York medi-facial, include a skincare and treatment program tailored to the individual's needs. The team's affinity with aesthetics is extended to the facility's decor and on-site art gallery.

Visit www.sanctummedical.com.au or call (03) 6223 8998.

QUEENSLAND

B Clinic

With five clinics delivering the same high standard of care and attention to patients, B Clinics are able to serve a large section of the Brisbane community. The clinics are under the supervision of medical director Dr Lee Lua, who has many years of experience focusing on non-surgical cosmetic treatments, and offer Restylane injectable fillers and Dysport muscle-relaxant injections as well as peels, vein treatments for the face and legs and Dermapen needling treatments.

Visit www.bclinic.com.au or call 1300 558 188.

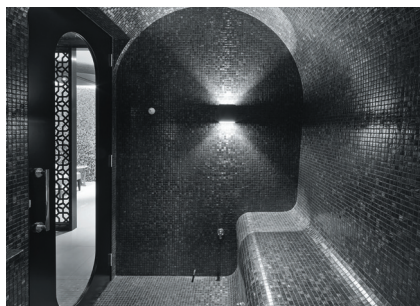


NEW SOUTH WALES

Infinity Skin Clinic

Dr Charles Cope is the clinical director of the Infinity Skin Clinic, which means all of the clinic's clients are under the supervision of a plastic surgeon. This state-of-the-art facility offers a huge range of treatments using the latest technology, such as injectables, Fraxel treatments, Dermaroller, microdermabrasion, LED therapy and Thermage. The clinic also offers treatments that focus on the tone and texture of all skin types, plus laser hair removal and Liposonix for body fat removal.

Visit www.infinityskin.com.au or call (02) 9904 3600.



VICTORIA

Skin Temple Medi Clinic & Spa

Dr Alicia Teska is the clinical director of this multi-award winning medi-spa. In 2011 it was the winner of the Australasian Spa Industry award for the best Australian medi-spa, and in 2012 it won the ASPA award for the best spa experience. Services offered include skincare treatments, injectables and laser treatments for veins, pigmentation, skin-ageing problems, and tattoo and scar removal. The clinical staff includes highly skilled cosmetic physicians and dermal clinicians.

Visit www.skintemple.com.au or call (03) 9867 2992.

WESTERN AUSTRALIA

SKYN

Perth's SKYN clinic is under the directorship of Dr Jass Narulla, cosmetic physician and a founding member and current president of the Australasian College of Aesthetic Medicine. SKYN utilises new technologies and therapies to deliver first-rate non-surgical cosmetic-enhancement care. Programs offered include SKYN Radiance, for pigmentation removal and cell renewal, SKYN Clean & Clear, for acne and problem skin, and SKYN Tone & Lift, to tone the skin.

Visit www.skyn.com.au or call (08) 9389 9022.

